Suburban Swim League Constitution

(Revised May 2025)

Article I - Name

The name of the organization shall be the Suburban Swim League.

Article II - Purpose

The purpose of the organization shall be to promote competitive swimming, encouraging good sportsmanship, character development and create a positive atmosphere.

<u>Article III – Membership</u>

Membership shall be open to any swimming pool which desires admission to our league and agrees to abide by the Constitution and Rules of the Organization. Application for membership shall be presented to the League President one month prior to the fall or Spring Meeting. Acceptance to membership shall be a three-quarter affirmative vote of the total membership.

Annual membership dues for each team shall be \$250.00 due at the spring meeting.

Article IV - Officers

The officers shall be a President, Vice-President, Secretary and Treasurer. The President, Vice-President, Secretary and Treasurer shall serve for a term of 3 years. The officers shall be representative of the individual clubs. Each club shall rotate through the positions. The President and Treasurer shall serve 3-year terms opposite that of the Vice-President and Secretary.

Failure of a club to provide an officer will result in the election of that position from any individual club. The club that fills the position will have their yearly dues paid for by the club who was originally responsible for the position. This is a fine in the amount of the league dues for the offending team.

League will cover the cost of a yearly Liability Organization Insurance Policy. With regards to the Suburban Swim League yearly liability insurance policy, if costs rise above 10% of our current insurance policy, we can decide to accept the new cost of a like policy or shop around for other possible policies.

<u>Article V - Meetings</u>

At least two meetings shall be held each year, one in the fall and one in the spring. The time and place shall be designated by the League President. The Secretary will email the league one week prior to the meeting requesting any agenda items. Special meetings may be called by the President; however, no bylaws or rules may be changed at a special meeting. The Spring Meeting will be a general meeting prior to the competitive schedule. The Fall Meeting will be at the conclusion of the season. Rules may be changed at either the spring or the Fall Meetings. For all voting, each team will have one vote.

Article VI - Constitution Amendments

The Constitution can be changed by a majority affirmative vote of the total membership. For example, 9 teams (votes) -5 votes= majority.

Article VII - Rule Changes

Rules may be changed or established by a majority vote of those present at the spring or Fall Meeting. For example, 9 teams (votes) -5 votes= majority.

Article IX - Coaches and Volunteers

A list of all coaches representing a team should be submitted to the league President as soon as possible but no later than June 1. Paid or volunteer, full-time or part-time coaches may NOT represent the team they coach at practices or in league competition until they have successfully completed a mandatory background check. Individual teams are responsible for keeping and maintaining their own checks. It is the responsibility of each team to verify compliance of its coaches and volunteers.

Article X - Sportsmanship Award

Each season, at the League Championship Meet, a vote of the Head Coaches will be taken to recognize the member club that showed the most Sportsmanship throughout the season. The criteria for consideration in voting should include but not be limited to: team area cleanliness at meets, timeliness of team at meets, volunteer participation and cooperation and the promotion of fun and friendly competition. A team banner award will be presented at the League Championship to the team who wins the award each season.

Cost not to exceed \$200.

Swimmers Eligibility:

- 1. Age group eligibility will be based on a competitor's age as of May 31st. (Example: a competitor turning 11 on June 1st would be eligible to compete in the 10 and under age group that year.) A swimmer may compete through the Summer season following the last year of high school.
- 2. A Swimmer participating in the Suburban Swim League from June 1*, until the Suburban Swim League Championship Meet, in any one Summer season, may only represent a single Suburban Swim League Team, Swimmers may not represent a team from any other similar Summer League, (example: ABE League, Allentown Inner-city League, Bethlehem Inner-city League, Bux-Mont, Norwin, etc.), during the same Summer season the Swimmer swims for the Suburban League Team.
- 3. All Swimmers must be members in good standing of their respective pools.
- 4. Infraction of eligibility rules will result in forfeiture of individual event and relay event points earned by the individual or individuals found to have swum while being ineligible. Forfeited points will be awarded to the opposing team.
- 5. Swim Team Rosters (Team Manager Files) including (first and last names and date of birth month, day and year) must be emailed to the President and each Team Coach three days before the first scheduled meet. All additions to the rosters must be sent to the President and each Team Coach before a swimmer is eligible to compete, and these must be e-mailed three days before the meet. All rosters may be added to until the **fourth** scheduled meet date then no further additions may be made. To ensure that all teams submit roster reports in the same format (PDF) of the Roster report feature of Team Manager with swimmers sorted by ascending age must be used.

- 6. Swimmers do not have to wear suits of the same color or pattern; however, they must be decent.
- 7. Coaches must advise swimmers about the appropriate body markings and jewelry safety issues.
- 8. Boys may only compete in boys scoring events and girls may only compete in girls scoring events.
- 9. Covid Clause: Due to Covid-19 seniors who graduated in 2020 can swim in the 2021 swim season and Championships but will not be able to break any pool, league or team records and they need to have been a registered team member for prior season to the 2020 season.
- 10. League records can be broken at invitationals that are run by league teams and all SSL teams are invited.

DUAL MEET RULES:

The Suburban Swim League will abide by the USA Swimming Rules and Regulations with the following exceptions:

1. BACKSTROKE: (PIAA Rule 8-2, 2023)

- **a.**The backstroke start shall be used;
- **b.** Any stroke is permitted. The body shall remain on the back to the degree the shoulders do not turn over beyond the vertical plane except while executing a turn; **c.** Standing in or on the gutter or curling the toes over the lip of the gutter immediately after the starting signal is not permitted;
- **d.** Any kick is permitted;
- **e.** The swimmer may be completely submerged during the turn or for a distance of not more than 16.4 yards (15 meters) after the start and each turn. By that point, some part of the head must have broken the surface of the water. After breaking the surface of the water, the swimmer must remain on the surface except for turns and finishes;
- **f.** The turn requires that some part of the swimmer's body contact the end wall. After the swimmer's head has passed the backstroke flags, prior to the turn, the swimmer's upper shoulder may (but is not required to) rotate past the vertical toward the breast before the touch is completed, provided such rotation is accompanied by an initiation of the turning action or continuation into the wall. The initiation of the turning action shall be accomplished by a single- arm or simultaneous double-arm pull, or in the absence of such pulls, by an upward or downward, underwater movement of the head. After the initiation of the turning action, no additional arm pulls may be started; however, kicking and gliding actions are permitted. The swimmer shall assume a position on the back before the feet leave the wall;
- **g.** The finish requires completion of the required distance and contact with the touchpad or finish end by any part of the body at or above the surface.

Starter/Referee

If the home team has a USA SWIMMING official, that official is the Referee/Starter. If the home team has a league certified starter, PIAA, NCAA or YMCA certified swimming official, then that official may be the Referee/Starter. If no certified official is available a person who has attended training specified or conduct by the League may serve as Referee/Starter. Stroke and turn officials must also be certified officials or have attended training specified or conducted by the League. By

mutual consent, the home team may request that the visiting team supply the Referee/Starter if the home team has difficulty supplying its quota. The current league certified officials is listed on the website.

Duties of the Referee/Starter:

Pre-Meet:

- 1. Check the condition of the pool
- 2. Check to see the blocks are all securely fastened
- 3. Check to see that the lane lines are tight
- 4. Check to see that the skimmer openings in the swimming lanes are covered.
- 5. Check to see that the 15-meter distance is marked from each end of the pool.
- 6. If there are any questions about pool depth; resolve before the start of the meet.
- 7. Check to see that the table has copies of the USA SWIMMING and league rules. Contract the League president after the meet to report any violations.
- 8. Verify that the meet lineups are at the scorer's table by 5:45 PM. After the meet, notify the league President of any team that did not comply by 5:45.
- 9. Make sure that each team has access to all lanes for ½ of the warm-up period and that the opposing team clears the deck area.
- 10. Check the starting system and recall device
- 11. Hold pre-meet meeting with timers, coaches, scorers, stroke & turn judges and runners.

During the meet:

- 1. Start each race, ensuring a fair start.
- 2. Enforce the false start rules
- 3. Look for violations of the stroke, turn and finish rules.
- 4. Verify/sign off on DQ's by the Stroke & Turn Officials (this is a referee's option. The referee can waive this if working with experienced officials or if pool logistics make it impractical).
- 5. Check relay starts on the starting end of the pool.
- 6. Handle all questions/protests
- 7. If inclement weather threatens, the referee/starter may elect to hold the exhibition events at the end of the meet to try to get the meet completed that day.

After the meet:

- 1. Verify that both scorers agree on the score.
- 2. Sign both score sheets
- 3. Instruct scorers to take the DQ slips for their respective teams to give to the coach.
- 4. Contact the League president about any problems during the meet.

Starter/Referee's Instructions to the Timers:

- 1. The responsibility of the timer is to time the race from the starting signal to the time any part of the swimmer's body touches the wall at the end of the race. Timers are not to worry about whether the finish was legal. Times are written on the lane heat sheets for that event. Write both decimal places even if the last place is a zero. (23.30 is NOT to be written 23.3). There are three timers on each lane. The official time is the middle time (the time between the fastest time and the slowest time). If two watches record the same time, then that is the official time. If a timer's watch does not start or otherwise malfunctions and a backup time is not available, then the two remaining watch times are averaged. The digits representing the thousands place are dropped with NO rounding. Example: 23.33 and 23.42 average to 23.375. The 5 in the thousands place is dropped so the official time is 23.37.
- 2. One timer in each lane is designated the head timer/recorder for that lane. All three watch times are to be recorded and the official time is to be circled.
- 3. Timers should start their watches for each event even if there is no swimmer in their lane in case a backup time is needed.

- 4. Timers should help with deck control keeping swimmers away from the blocks until it is their turn to swim.
- 5. The Starter/Referee should conduct a test for all timers to ensure that all watches are working and record close to the same times.

The Starter/Referee Instructions to the Stroke & Turn Judges:

- 1. Tell the stroke & turn officials that their responsibility is to make sure that all stroke and turn rules are followed and to disqualify any swimmer who violates those rules. Notify the referee/starter if you see infractions occurring that are not being called by the responsible official. An inattentive official is unfair to both teams.
- 2. The swimmer is to be given the benefit of the doubt. If a stroke and turn judge is not absolutely sure of the infraction it is not to be called. This does not mean being lenient because of age or ability. Each stroke has rules and they need to be consistently enforced.
- 3. Point out to the stroke & turn officials that there are many ways to swim a stroke that are not pretty but are not necessarily illegal. Only true violations of the rules are to be called.
- 4. Instruct the stroke and turn officials that if they see a violation, they are to immediately raise their hand except on a relay when the hand is not raised until the last swimmer on the offending team has entered the water.
- 5. Instruct the stroke and turn officials to fill out a PIAA DQ slip with the event number, the lane and the details of the violation. The DQ slip is given to the meet runner after the race.
- 6. Instruct the stroke and turn officials where they are to be and what their lane responsibilities are (determined by the layout of each pool).

The Starter/Referee's Instructions to the Coaches:

- 1. The coaches are not to confront the stroke and turn officials about a DQ. These questions are to be directed to the Referee/Starter.
- 2. Review the procedure to change event entries after the meet has started with the coaches.
- 3. Inquire about any unusual starts or turns, hearing impaired swimmers etc.
- 4. Warn the coaches about deck control and to keep the swimmers quiet behind the blocks.
- 5. Remind the coaches to check for any jewelry that might pose a safety hazard to the swimmer.

Procedure for a coach to change the entries for an event after the meet has started:

- 1. The coach writes out a card with the following information:
 - a. Swim team name
 - b. The event number and description for which the change is being made
 - c. The lane number and name of the swimmer being added or dropped.
- 2. The coach will take the card to the scorer's table and give it to the scorer for the opposing team.
- 3. The scorer receiving the card will write the number of the event currently being swum and circle it.
- 4. Both scorers will make the appropriate changes to the score sheets and the announcer's copy.
- 5. The card is to be stapled to the home team's score sheet at the end of the meet.

Stroke & Turn Judges

- 1. The primary responsibility of a stroke and turn judge is to fairly enforce the stroke and turn rules for each event.
- 2. Always remember that the benefit of the doubt goes to the swimmer. If an official is not absolutely certain of the infraction it is not to be called. There are many ways to swim a stroke that while may not be pretty are still not illegal.
- 3. Before each meet each official should review the rules for each stroke.
- 4. If there is a stroke infraction raise your hand immediately (except on a relay where the hand is not to be raised until the last swimmer on the offending team has entered the water). Fill out the DQ slip with the event number, the lane number, the swimmers name, the details of the

- infraction and sign the slip. Hand the DQ slip to the meet runner. Remember, DQ slips are learning tools for coaches to instruct their swimmers on correct stroke technique.
- 5. It is legal to stand up on the freestyle stroke. Walking or pushing off the bottom is not permitted but it is ok to stand up and then resume swimming. The same is true of the backstroke provided that the back remains facing the end of the pool toward which the swimmer was swimming and the swimmer's body does not pass vertically toward the breast.
- 6. On the freestyle leg of the medley relay or the freestyle leg of the individual medley NO stroke position on the back is permitted.
- 7. Swimmers are to be disqualified for stroke infractions during exhibition events the same as during the regular event.

Swimming Events

- 1. The individual swimming events to be contested will be freestyle, butterfly, backstroke and breaststroke for all five age groups and individual medleys for the 12 & under, 14 & under and 15 & over age groups and a free relay for the 8 & underage group. Order of events is on the League website.
- 2. A person may compete in four events, one of which must be a relay.
- 3. The order of events will be as follows: 8 & Under Free Relay, 13& 14 50 Freestyle, 15 & over 50 Freestyle, Medley Relays, Breaststroke, Individual Medleys, Butterfly, Backstroke, remaining Freestyle, 13 & 14 100 Freestyle, 15 & over 100 Freestyle, and Freestyle Relays.
- 4. In dual meets, Swimmers may move up any number of age groups to compete in individual events or on relays.
- 5. An exhibition swimmer must swim the stroke being swum in that event, unless both coaches agree on something else two events prior to the event. This will be a Coaches agreement. Exhibition swimming may be swum as specified on the meet schedule and should be noted as exhibition on the heat sheets. A maximum of two heats of exhibition per event, unless both coaches agree to additional heats. Macungie lane 5 and Quakertown lanes 8 & 1 will be exhibition for each event.
- 6. False starts for swimmers will be as follows:
 - A. In a dual meet, If a false start is called in an <u>individual 10 & under event</u>, the entire heat needs to swim again. There will only be one reswim per heat and it will run at an appropriate spot in the meet agreed upon by coaches and the meet officials.
 - B. If a false start occurs in an <u>11 & over heat</u> AND if any swimmer other than the disqualified swimmer does not complete the race, the heat will be reswum without the swimmer that false started. That swimmer will be disqualified.
 - C. No relay will be restarted due to a false start on any leg. That relay will be disqualified.
 - D. At Silver and Gold Championships, if a false start occurs in any age group, that swimmer is disqualified. If any of the other swimmers do not finish the race, the heat will be reswum.
- 7. Protests of rule infractions will be as follows:
 - a) Infractions of the rules must be brought verbally to the attention of the Meet Referee/Starter before the next event.
 - b) Protests not resolved by the Meet Referee/Starter must be submitted in writing by the team protesting to the President of the League. The President will call a special meeting of the teams involved and the Arbitration Board. The Arbitration Board shall pass final judgment of the protest. The protest must be submitted no later than 48 hours following the meet. Two alternatives will be appointed to the Arbitration Board made up of the officers), if members of the Board are involved in the protest.
 - c) No video evidence of any kind will be allowed in the decision-making process of a protest.
- 8. Only 2 swimmers/teams may score for each team in each relay and individual event.

Swim Teams & Coaches Responsibility:

- 1. Pools are to be available as follows:
 - b. Starting time for warm-ups is 5:00 p.m.
 - c. Two Lifeguards MUST be on duty for the entirety of the meet.
 - d. Each team gets the entire pool for one-half of the warm-up period. The home team will warm up the first one-half of the warm up period. The visiting team will warm up the second one-half of the warm-up period. The team not warming up will clear the pool deck area during the other team's warm-up period.
 - e. Skimmer openings and other openings or protrusions at either end of the pool and in the swimming lanes shall be covered or protected to reduce the chance of injury to the swimmers.
 - f. Starting time for meets is 6:00 p.m. (6:30 p.m. is the latest starting time at the Referee/Starter's discretion.)
 - g. Inclement Weather:
 - 1. The Home team has the option to call a meet off by 3:30 p.m. because of cold or foul weather. Once both teams are at a meet, if at all possible, the meet is to proceed. Deadline to start is 6:30 p.m.
 - 2. If a meet has been started and then postponed due to inclement weather, the Head Coaches turn all Event Sheets over to the Referee/Starter and plan a scratch meeting 10 minutes prior to the start of the rescheduled meet for changes. An entirely new line-up may be submitted from the point of the last event swum at the postponed meet, taking into account the number of events in which a swimmer may have already participated
 - 3. 30-minute rule applies for thunder and lightning. Meet can be called after event 38 or rescheduled and must be mutually agreed upon.
- 2. In dual meets, the two clubs competing will each furnish the following:
 - a) 9 timers. The 9 timers per team per meet will be assigned as follows: Home team lanes 2 visitor timers, 1 home timer; Visitor team lanes 2 home timers, 1 visitor timer. Timers will use the middle time of the 3 recorded as the swimmer's time.
 - b) Stroke & Turn Officials -2 for each team, at least

HT - starter, 1 official, AT - 2 S&T officials Meets should be run with 4 unless in emergency situations as long as the head coaches agree.

- c) 1 score keeper/ computer assistant
- d) If the home team has a USA SWIMMING official, that official is the Referee/Starter. If the home team has a league certified starter, PIAA, NCAA or YMCA certified swimming official, then that official may be the Referee/Starter. If no certified official is available a person who has attended training specified or conduct by the League may serve as Referee/Starter. Stroke and turn officials must also be certified officials or have attended training specified or conducted by the League. By mutual consent, the home team may request that the visiting team supply the Referee/Starter if the home team has difficulty supplying its quota. The current league certified officials is listed on the website.3.
- 3. The home team will swim even lanes and the away team will swim odd lanes. In a five-lane pool the visiting team will have lanes 1 & 3 as scoring lanes. Lane 5 will be for exhibition only. The home team coach will contact the visiting team coach to arrange exhibition events. These lanes are to be noted by each Swimmer's name on the score sheets prior to the beginning of the meet. If a swimmer swims in the wrong lane, he or she will be disqualified.
- 4. Meet Manager Timer sheets are to be used for the times of each lane in dual meets. These sheets will include: Event #, Lane #, and swimmer's name. Timers will write in time.
- 5. All lanes will count in a six-lane pool. Four lanes will count in a four or five lane pool. Individual events will be scored 5-3-1. Relay events will be scored 8-4-2.

- 6. The home club <u>MUST</u> have available at the scorer's table a copy of the current USA SWIMMING Rule Book, plus a current copy of the Suburban Swim League Constitution and Rules and Regulations.
- 8. Meet Rosters must be turned in to the Scorer's table no later than 5:45 p.m. Failure to do so will be a \$25.00 penalty to the offending team. However, Coaches may change the entries for an event by informing the scorer's table of changes on a 3 x 5 card. Changes must be made five events prior to the event currently being swum.
- 9. The home team must notify the League President within 48 hours of the meet score. There will be a \$25.00 penalty for not complying. Meet Results should be sent in PDF and Meet Manager format.
- 10. Records that have been broken must be submitted at championships seed meeting along with meet results in same e-mail so the President can verify and notify the webmaster. No league records should be announced at a meet. The league will keep two sets of records. One set will contain the best times in yard pools and the other will contain the best times in meter pools. All records will be kept to the hundreds.
- 12. All communication to the Suburban Swim League must be handled by the Coach or Club Representative of the respective Club.
- 13. After 5:45 the home team is responsible to print out a copy of the heat sheet after seeding is done for all officials and coaches. A copy should also be printed for the announcer and should be marked as announcer Copy. It is the responsibility of the scorer's table to make sure the announcers copy stays updated to all changes made during the meet.
- 14. Conversion factors will follow the Meet and Team Manager format:
 - a. 25 yards to 25 meters 1.094
 - b. 25 meters to 25 yards 0.9141
 - c. 30 yards to 25 yards 0.8333
 - d. 30 yards to 25 meters 0.9113
 - e. 25 meters to 30 yards 1.0973
 - f. 25 yards to 30 yards 1.2000

League Meetings:

- 1. League Meetings for Fall are to be planned in Spring, Spring meetings are to be planned in Fall. Dates are to be picked before the meeting is adjourned.
- 2. It is a must that one parent representative and one Coach will be at all meetings.
- 3. Starting with the 2022 swim season ALL teams will use Team Manager 8 or newer.
- 4. Proposed schedules will be sent before the August meeting and approved at the August meeting. must be voted on in the spring of the preceding year. For example, the 2026 season schedule will be voted on at the 2025 fall meeting.

Championship Swim Meet Rules

- 1. The deadline for entries for the Championship Meet will be established by the hosting team. Entries for this meet will be submitted from the Team Manager program, on disk, or via email, to the person/place specified and will list the best time obtained by each swimmer in a current season Suburban Swim League Dual Meet. The time submitted will be recorded in yards or meters, depending on whether the Championship Meet host pool is a yard or meter pool. "No Time" entries will not be allowed. Conversion factors will follow the Meet and Team Manager format.
- 2. Each team may enter one relay teams per relay event
- 3. All relay alternates shall be listed along with relay swimmers. If a swimmer is listed as an alternate, this counts as an event for the swimmer only if s/h actually swims in the relay. A swimmer may compete in 4 events, one of which must be a relay.

- 4. Relay splits may not be used for seeding.
- 5. Seed time submitted may be from an exhibition event.
- 6. Each club may enter three contestants in each individual event in the Championship Meet. Since there will be more than one heat in most events, seeding will be determined by Meet Manager.
- 7. In the Championship Meet, all swimmers must compete in their age group for individual events. A swimmer may move up any number of age groups to participate in a relay.
- 8. The seeding of the Championship Meet will be determined by the Championship Committee or its designated representatives using Meet Manager. The league board shall attend the meeting. Two representatives from each team (one must be a coach) shall attend the swim seeding meeting. Current season dual meet results shall be available for inspection. The host team will provide two psych sheet printouts to each team only after verifying all teams' attendance and that they have no changes due to errors, deletions, or omissions to their championship lineups. After the Psych Sheet is printed, you may still contest a time or identify time errors and scratch swimmers. A heat sheet can then be printed to be placed into the meet program by the host team. All team representatives shall remain until the seeding is completed and verified.
- 9. After the initial scratch meeting, Championship scratches are at the discretion of the Meet Director.
- 10. The Championship Meet will be scored based on 12 places, 1-3 Trophies, 4-6 Rosettes, 7-18 Ribbons.
- 11. The Meet Director of the Championship Meet shall be a representative of the host team. It will be his/her responsibility to oversee details and to work in cooperation with the other teams
- 12. The host team for Suburban Swim League Championships is responsible for providing the following:
 - a) The facility for the Championship Meet. The meet will be one continuous meet unless deemed necessary due to gathering restrictions. The order of events will follow the regular meet schedule. (see last page)
 - 1). Championship Meet will be 2 split sessions with the 11&over age group events held in the morning followed by the Crescendo relays and the 10&under age group events in the afternoon.
 - b) The food stand for the Championship Meet and feeding the officials who work all day.
 - c) A Meet Director to share responsibility with the League President
 - d) Equipment and workers to operate Meet Manager for Championships.
 - e) Ordering, labeling and distributing awards at Championships
 - f) A facility to host the seeding meeting for Championships.
 - g) A packet of Championship information for each team and distributed at the Spring meeting. This packet must contain at least:
 - i) The Championship day's schedule including pool open times, warm-up times, session start times etc.
 - ii) The order of events for each season.
 - iii) Whether the times are to be submitted as yard or meter times.
 - iv) Sign-up sheets for each team listing the worker positions must be filled for each session.
 - v) Any other relevant information (parking etc.). Failure to supply this information at the spring meeting will result in a \$50.00 penalty to the host team.
 - vi) Each team will provide volunteer timers and runners required to run the meet.
 - h) The host team will be responsible for hiring officials to work Championships
 - i) League pays for the cost of EMS/Ambulance (Certified Medical Personal.) up to \$500. If more cost, Board supply \$500 a year at champs, for Certified Medical Personnel

- j) The 911 relay will be held at the discretion of the hosting team and the time placement will be determined by them.
- k) Team order for hosting championships is posted on the Suburban Swim league website and meeting minutes.
- 13. The next year's host team shall supply their starting system as back-up to ensure that Championships are not delayed for any technical issues.
- 14. Starting blocks will be located only at the starting end of the pool. Dual blocks shall not be allowed.
- 15. 8 & Under swimmers may use kick boards in a swim meet but they may not be used in Silver and Gold Championships.
- 16. A swimmer can use a time from a League sanctioned Invitational meet as an entry time for Silver Championships or Championships. In order for the time to be used as a Championship entry time the swimmer must have competed in two League dual meets in the current season. The decision on which invitational events can be used for entry time will be made at the Spring Meeting. For example: Soleco Splash.
- 17. League expenses:
 - a. The league will pay to have lifeguards on duty during the meet.
 - b. The league will pay the costs for hiring officials for championship meets, a starter, referee, and 5-8 additional officials for assignment. Officials will be PIAA, USA, YMCA or NCAA approved and will be paid the current PIAA meet rate.
 - c. League will pay the cost of the 1 or 2 people running Meet Manager, same as officials.
 - d. The league will pay officials (7-10 people) \$ 150 each, the computer operators (1-2 people) \$125 each, and \$500 for pool staff.
 - e. The league will pay for ribbons and trophies for the meet not to exceed \$3000. The host team will not exceed \$3000 when purchasing the awards for the Championship meet including individual and overall trophies. (1-3 Trophies, 4-6 Rosettes, 7-18 Ribbons)
 - f. Any purchases above \$3,000 will be incurred by the host team. It is the responsibility of the host team to purchase the overall first, second, and third team awards.
- 18. "No Time" entries will not be allowed at championships. Swimmers must have swum the event during a regular season dual meet to have an entry time. The League may decide to allow times from other meets to be used for Championships. The decision as to which, if any, meets' time will be acceptable will be made at the Spring Meeting. For example: Soleco Splash.
- 19. 3 timers are required for each lane at championships. The middle time of the three will be the time recorded on each lane.
- 20. All volunteers must pay an admission fee. Admission fees will be collected by league officers to cover the costs of officials, awards, and lifeguards. A charge of \$5.00 per adult (13 and older) and \$3.00 per child (4 through 12) will be collected for entrance to the meet.

Silver Championships

- 1. Silver Championships will take place on the Wednesday preceding the Suburban Swim League Championship Meet. Team order for hosting Silver championships is posted on the Suburban Swim league website and in meeting minutes.
- 2. Silver Championships is open to members of Suburban Swim League Teams who have qualified for no more than 1 individual event at the Suburban Swim League Championship Meet. All swimmers will swim in the age group in which they competed during the current season.
- 3. The Freestyle events will be held in the beginning of the meet. Silver championships event order is posted on the Suburban Swim league website and in meeting minutes.

- 4. Each swimmer may enter 3 events. There are no relay events. The host team will distribute the events packet for Silver Championships at the spring meeting and may include events (such as 6 and under events) which are not regular dual meet events
- 5. No swimmer may compete in Silver Championships in any event he or she is entering in Suburban Swim League Championships.
- 6. Swimmers can enter ONE event with NT if they have a time in another event. (ex. 1 event with time, can enter 1 other event NT - IF 2 events with time, can enter 1 other event NT.)
- 7. Entries for Silver Championships will be submitted via e-mail in team manager format to the person/place specified and will list the best yard time obtained by each swimmer in a current season Suburban Swim League Dual Meet. The League may decide to allow times from other meets to be used for Silver Championships. The decision as to which, if any, meets' time will be acceptable will be made at the Spring Meeting. For example: Soleco Splash.
- 8. Entries for the meet must be received by Sunday at or before 4:00pm.
- 9. Awards will be given through 18th place. There is no team scoring.
- 10. Team Hosting Silver Champs is responsible for purchase of ribbons.
- 11. A door charge of \$3.00 per adult (13 and older) and \$2.00 per child (4 through 12) will be collected for entrance to the meet.
- 12. The league will pay pool staff \$250.

Silver Championship Order of Events

- 1. Girls 11-12 100 IM
- 2. Boys 11-12 100 IM
- 3. Girls 13 & Over 100 IM
- 4. Boys 13 & Over 100 IM
- 5. Girls 6 & Under 25 Freestyle
- 6. Boys 6 & Under 25 Freestyle
- 7. Girls 7-8 25 Freestyle
- 8. Boys 7-8 25 Freestyle
- 9. Girls 9-10 25 Freestyle
- 10. Boys 9-10 25 Freestyle
- 11. Girls 11-12 50 Freestyle
- 12. Boys 11-12 50 Freestyle
- 13. Girls 13 & Over 50 Freestyle
- 14. Boys 13 & Over 50 Freestyle
- 15. Girls 6 & Under 25 Breaststroke
- 16. Boys 6 & Under 25 Breaststroke
- 17. Girls 7-8 25 Breaststroke
- 18. Boys 7-8 25 Breaststroke
- 19. Girls 9-10 25 Breaststroke
- 20. Boys 9-10 25 Breaststroke
- 21. Girls 11-12 50 Breaststroke
- 22. Boys 11-12 50 Breaststroke

- 23. Girls 13 & Over 50 Breaststroke
- 24. Boys 13 & Over 50 Breaststroke
- 25. Girls 6 & Under 25 Butterfly
- 26. Boys 6 & Under 25 Butterfly
- 27. Girls 7-8 25 Butterfly
- 28. Boys 7-8 25 Butterfly
- 29. Girls 9-10 25 Butterfly
- 30. Boys 9-10 25 Butterfly
- 31. Girls 11-12 50 Butterfly
- 32. Boys 11-12 50 Butterfly
- 33. Girls 13 & Over 50 Butterfly
- 34. Boys 13 & Over 50 Butterfly
- 35. Girls 6 & Under 25 Backstroke
- 36. Boys 6 & Under 25 Backstroke
- 37. Girls 7-8 25 Backstroke
- 38. Boys 7-8 25 Backstroke
- 39. Girls 9-10 25 Backstroke
- 40. Boys 9-10 25 Backstroke
- 41. Girls 11-12 50 Backstroke
- 42. Boys 11-12 50 Backstroke
- 43. Girls 13 & Over 50 Backstroke
- 44. Boys 13 & Over 50 Backstroke

Season Schedule

- 1. Season schedules will be proposed 1 season prior and voted on at the spring meeting.
- 2. Each team will receive a minimum of 4 home meets.

3. Any team (township) schedule requirement/restriction needs to be documented and reviewed each year at a meeting.

For example: Unable to have a home meet on the third Thursday of the month.

Regular Dual Meet Order of Events

1. Girls 8 & Under 100 Free Relay	19. Girls 13 & Over 50 Breast	40. Boys 8 & Under 25 Back
2. Boys 8 & Under 100 Free Relay	20. Boys 13 & Over 50 Breast	41. Girls 10 & Under 25 Back
	21. Girls 15 & Over 50 Breast	42. Boys 10 & Under 25 Back
3. Girls 13 & 14 50 Free	22. Boys 15 & Over 50 Breast	43. Girls 12 & Under 50 Back
4. Boys 13 &14 50 Free	23. Girls 12 & Under 100 IM	44. Boys 12 & Under 50 Back
5. Girls 15 & Over 50 Free	24. Boys 12 & Under 100 IM	45. Girls 14 & Under 50 Back
6. Boys 15 & Over 50 Free	25. Girls 14 & Under 100 IM	46. Boys 14 & Under 50 Back
7. Girls 10 & Under 100 Medley Relay	26. Boys 14 & Under 100 IM	47. Girls 15 & Over 50 Back
8. Boys 10 & Under 100 Medley Relay	27. Girls 15 & Over 100 IM	48. Boys 15 & Over 50 Back
	28. Boys 15 & Over 100 IM	49. Girls 8 & Under 25 Free
9. Girls 12 & Under 100 Medley Relay	29. Girls 8 & Under 25 Fly	50. Boys 8 & Under 25 Free
10. Boys 12 & Under 100 Medley Relay	30. Boys 8 & Under 25 Fly	51. Girls 10 & Under 25 Free
	31. Girls 10 & Under 25 Fly	52. Boys 10 & Under 25 Free
11. Girls 13 & Over 200 Medley Relay	32. Boys 10 & Under 25 Fly	53. Girls 12 & Under 50 Free
12. Boys 13 & Over 200 Medley Relay	33. Girls 12 & Under 50 Fly	54. Boys 12 & Under 50 Free
	34. Boys 12 & Under 50 Fly	55. Girls 14& Under 100 Free
13. Girls 8 & Under 25 Breast	35. Girls 14 & Under 50 Fly	56. Boys 14& Under 100 Free
14. Boys 8 & Under 25 Breast	36. Boys 14 & Under 50 Fly	57. Girls 15 & Over 100 Free
15. Girls 10 & Under 25 Breast		
16. Boys 10 & Under 25 Breast	37. Girls 15 & Over 50 Fly	58. Boys 15 & Over 100 Free
17. Girls 12 & Under 50 Breast	38. Boys 15 & Over 50 Fly	59. Girls All Age Crescendo
	39. Girls 8 & Under 25 Back	60. Boys All Age Crescendo
18. Boys 12 & Under 50 Breast		